

MindSet



Professor Paul Salkovskis

Director of the Oxford Institute of
Clinical Psychology Training

Professor Paul Salkovskis has been appointed as the new Director of the Oxford Institute of Clinical Psychology Training. Prior to this he was Director of the University of Bath Clinical Psychology Doctoral Programme. Paul qualified as a clinical psychologist in 1979 at the Institute of Psychiatry and Maudsley Hospital. He worked for six years in Yorkshire (in Huddersfield then Leeds) as a full time NHS clinical psychologist before moving to Oxford as a Research Clinical Psychologist. In Oxford he was promoted to Professor before moving to work at King's College London Institute of Psychiatry as Professor of Clinical Psychology and Applied Science and Clinical Director in the Centre for Anxiety Disorders and Trauma in SLaM NHS Trust. He is regarded as an expert in the understanding and treatment of anxiety disorders in general, and more specifically in OCD, Panic and Agoraphobia and health anxiety, having contributed to the psychological understanding and treatment of these areas. He is registered with the HCPC as a Health and Clinical Psychologist and is similarly Chartered with the BPS. Paul is currently Editor of the BABCP Journal, Behavioural and Cognitive Psychotherapy, and is on the editorial board of several other journals. He is Patron of OCD and anxiety disorder charities. His main research interests include the study of cognitive (appraisal) and behavioural (safety seeking) factors in the understanding and treatment of anxiety disorders. He has led CBT skills training both nationally and throughout the world. He has published extensively and is President Elect of the BABCP, to become President in July 2018.

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